



## Who we are...

### Training Services

Epoch, IT LLC is a small, woman-owned business specializing in Consulting, Technology, Managed IT, and Education Services for both commercial and government sectors.

Our mission is to provide the expertise and support organizations need to improve efficiency and performance. We design our services to enhance system operations and boost employee productivity—helping businesses stay competitive and deliver exceptional customer service.

With an on-site support desk, a dedicated Learning Center, and full Network Operations Center (NOC) capabilities, we offer comprehensive coverage across today's technology landscape.



## We train you in technology



Technology ♦ Support ♦ Training  
[www.epochit.com](http://www.epochit.com)

*and support your  
technology*

## CompTIA A+ Certification Training

*Hybrid (40 hours)*

Learn the core skills for IT support: hardware, troubleshooting, networking, and security. This program prepares you for the CompTIA A+ Core 1 and Core 2 certification exams.

## Emotional Intelligence & Conflict Resolution

*Hybrid, In-Person, or Live Virtual (8 hours)*

Strengthen communication, feedback, and conflict resolution skills for better collaboration in professional settings.

## Technical Training

### CompTIA Security+ Training

*Hybrid (40 hours)*

Covers cybersecurity essentials, including threat detection, risk management, identity security, and system protection. \*Aligned with the Security+ (SY0-601) exam.

## General Training

### Leadership & Supervisory Training

*Hybrid, In-Person, or Live Virtual (16 hours)*

Great for new and aspiring leaders. Focuses on managing teams, setting goals, giving feedback, and motivating people effectively.

### Excel & Workplace Data Skills

*Live Virtual or In-Person (16 hours)*

Master spreadsheets, formulas, pivot tables, and data visualization to handle everyday business needs with confidence.

### Microsoft 365 & Teams Training

*Live Virtual (12 hours)*

Learn how to use Microsoft 365 and Teams for collaboration, remote work, file sharing, and productivity.

